

WHISTLER TRIP EQUIPMENT LIST

Helmets are now included in the equipment rental, but it is recommended that students bring their own helmet if they own one.

Students should be prepared for warm, cold, and wet weather. It is therefore important to dress in layers so they can be taken off or be put on when appropriate.

Quantities of each item will vary between individuals. Just remember that we will be gone for two days and things will get dirty and wet. Also, you should be able to carry all of your belongings yourself. **Do not bring** knives or **unnecessary valuables** (e.g. birth certificate, bank cards, jewelry, etc.)

When packing, ensure all your belongings **fit into your bags**. Also, **label** your bags for easy recognition.

Clothing

- Outer Layer
- Water and Wind Resistant Jacket
- Water and Wind Resistant Snow Pants
- Warmth Layer – jacket, fleece jacket, sweatshirt/hoodie will all be suitable
- Under Layer – t-shirts, sweat-wicking material would be great but not a necessity
- Toque – an absolutely necessary piece of clothing in a winter environment
- Goggles
- Gloves – ski/board gloves that are water resistant
- Swimsuit (**grade 12 only**)

Footwear

- Runners – 1 pair
- Wool Socks – keep feet warm when wet
- Athletic Socks (2)

Underwear

- Socks may get wet so plan appropriately
- Long underwear (*optional*)
- Change of clothes for travel time and down time

Equipment

- Phone (and power accessories)
- Helmet – included in equipment rental, but bring your own if you have one
- Water bottle
- Camera (*optional*)
- Sunglasses (*optional*)
- Plastic dish
- Fork
- Toiletries – toothbrush, toothpaste, soap, etc.
- Towel
- Watch
- Ski/snowboard equipment if applicable
- Wrist guards (for snowboarders)

